



# Action Potential

One on One Physical Therapy

Client Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Best Contact Phone Number \_\_\_\_\_

Email \_\_\_\_\_

Referring/Primary Physician \_\_\_\_\_

Appointment Reminder: Text Call

## Past Medical History:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Alzheimer's               | <input type="checkbox"/> Fibromyalgia             | <input type="checkbox"/> Parkinson's          |
| <input type="checkbox"/> Cardiovascular Disease    | <input type="checkbox"/> Fracture                 | <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> Coronary Artery Bypass    | <input type="checkbox"/> High Blood Pressure      | <input type="checkbox"/> Brain Injury         |
| <input type="checkbox"/> Heart Attack              | <input type="checkbox"/> History of Cancer        | <input type="checkbox"/> COPD/Emphysema       |
| <input type="checkbox"/> Pacemaker                 | <input type="checkbox"/> Huntington's             | <input type="checkbox"/> Asthma               |
| <input type="checkbox"/> Cauda Equina Syndrome     | <input type="checkbox"/> Immunosuppression        | <input type="checkbox"/> Osteoporosis         |
| <input type="checkbox"/> Stroke/TIA                | <input type="checkbox"/> Lupus                    | <input type="checkbox"/> Cataracts            |
| <input type="checkbox"/> Current Infection         | <input type="checkbox"/> Muscular Dystrophy       | <input type="checkbox"/> Amputation           |
| <input type="checkbox"/> Diabetes Mellitus Type I  | <input type="checkbox"/> Obesity                  | <input type="checkbox"/> Anxiety              |
| <input type="checkbox"/> Diabetes Mellitus Type II | <input type="checkbox"/> Osteoarthritis           | <input type="checkbox"/> Depression           |
| <input type="checkbox"/> Diabetic Neuropathy       | <input type="checkbox"/> Incontinence/Pelvic Pain |   |

Other: \_\_\_\_\_

Surgeries: \_\_\_\_\_

Recent Falls: YES NO Explain: \_\_\_\_\_

At the present time would you say that your health is:

- excellent very good fair poor

Please rate your current pain:

0 1 2 3 4 5 6 7 8 9 10

No pain

Severe pain

therapist initial: \_\_\_\_\_ date: \_\_\_\_\_



**Medication List:** Please list all prescription and over the counter medications, vitamins, supplements. Include dose, frequency, and route  
*If you already have a current list, we are happy to make a photocopy*

Name	Dose	Frequency	Route (oral, injection, etc.)

therapist initial: \_\_\_\_\_ date: \_\_\_\_\_

**How did you hear about us? Circle one please.**

Align Fitness	Insurance Company	Physician	PT/Practitioner (Note who)
Carla Townes	Lecture/Event (Note type)	Physical IQ	Website
GV Living	Personal Relationship	Previous Patient	Word of Mouth (Note who)
Additional Information:			

**Insurance Information:** Subscriber Name: \_\_\_\_\_ Subscriber's DOB: \_\_\_\_\_

	Insurance Company	Policy Number	Group Number	Phone Number (Back of Card)
<b>Primary Insurance:</b>				
<b>Secondary Insurance:</b>				
<b>Worker's Compensation or Auto Accident:</b>	Please call the office at 484.841.6154 to discuss your policy information.			